



SPORT TRANSFER

sports equipment

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INSTRUCTIONS FOR ASSEMBLY AND USE OF SPORTS EQUIPMENT

Product: **Gymnastic ladders**

Code: 16 001, 16 002, 16 003, 16 004

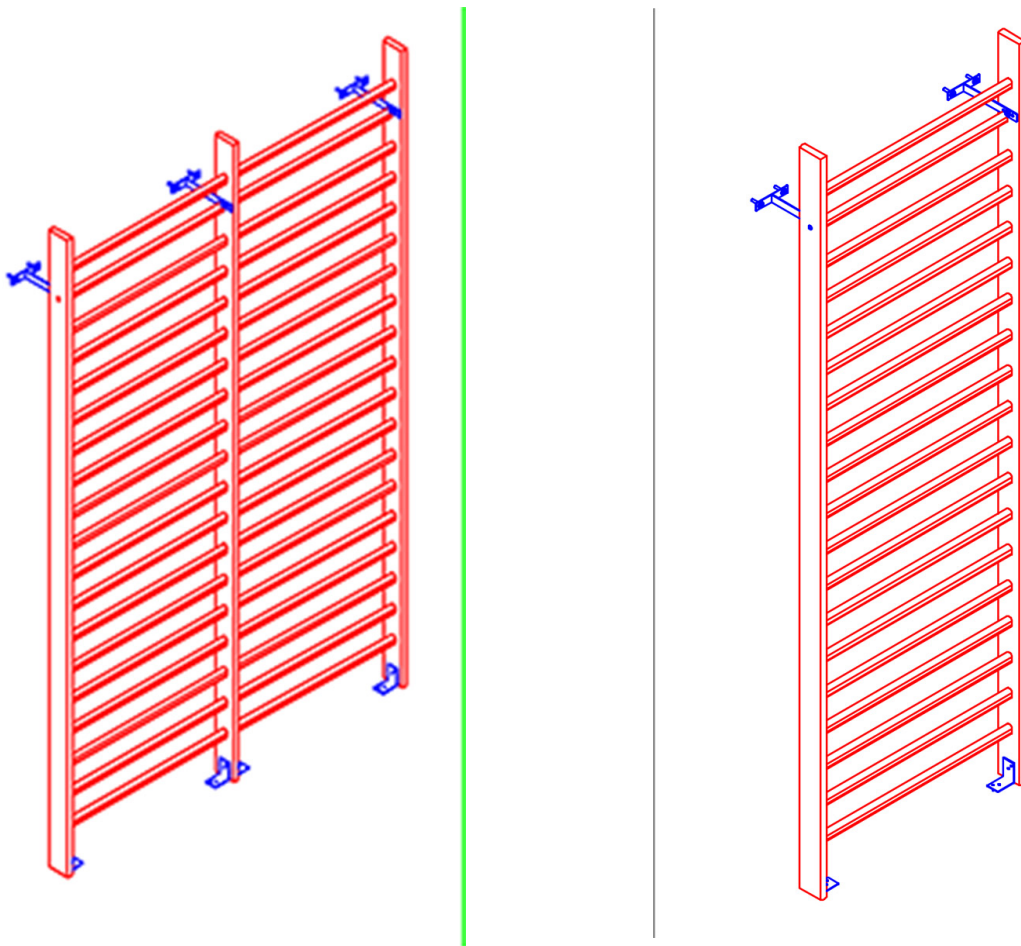
Gymnastic ladders meet the requirements of the standard PN-EN 12346:2001 "Gymnastic equipment - wall ladders, lattice ladders, climbing ladders. Functional And Safety Requirements, Test Methods".

1. Components

Number	Part/subassembly name	Quantity per product
1	Gymnastic ladder (single/double)	1
2	Upper ladder fixing element "T"	2/3
3	Lower ladder fixing element "L"	2/3

2. Mounting the gymnastic ladder

- To fix the "T" element, make holes of 8.5 mm diameter in the upper part, 300 mm apart from the upper edge of the ladder, so that the "T" element does not protrude beyond the face of the ladder.
- Screw the upper fastening elements to the ladder from the inside of the ladder, as shown in the picture, using M8 screws, with a rounded end on one side.
- Screw the lower fastening element "L" to the ladder so that it is flush with the lower surface of the ladder using spax wood screws.
- Attach the ladder to the wall, fix the upper mounting elements with M10 screws and dowels.
- Check the vertical position of the ladder and attach the lower mounting elements to the floor.



3. Use of ladders

- a) The ladder is designed for exercises in sports halls and outdoor facilities.
- b) Periodically check elements fixing the ladder to the wall and floor, as well as the condition of the ladder rungs and its fronts.
- c) Do not subject the boards to mechanical damage (cutting, notching, burning, etc.).